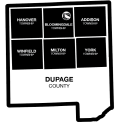




MENTAL HEALTH

Numerous community agencies and organizations are available to offer support.
For additional resources, go to 211dupage.gov or 211metrochicago.org



Mental Health Services Navigator

- Do you have health insurance that has an affordable, accessible option for mental health services? If yes, consider narrowing down your selection to your preferred counseling point-of-view (i.e. Christian counseling, marriage and family counseling, in person, etc)
- (or) Do you have an Employee Assistance Program (EAP) that can get you started with (typically six) counseling sessions?
- (if not) Are you able to use a self-pay option (typically a reduced rate with no insurance being applied).
- (if not) Where do you live? (or) Are you a parent or do you have children who need these services?

The following are free/reduced fee options based on residency or ability to access youth and family services:

Bloomingtondale Township - Youth Service Bureau

📞 630-529-9993

📍 123 Rosedale Ave, Bloomingtondale

🌐 bloomingtondaletownship.com

Available to qualified individuals living in Bloomingtondale; Glendale Heights; parts of Roselle, Medinah, Hanover Park.

NEDFYS (Northeast DuPage Youth Family Services)

📞 630-260-7600

📍 777 Army Trail Blvd FL 2, Addison

🌐 nedfys.org

A community-based, nonprofit that provides high-quality, accessible mental health and social services. NEDFYS works with children, adolescents, adults, and families from diverse backgrounds.

Outreach Counseling Centers

📞 630-260-7600

🌐 weareoutreach.org/counseling

📍 Locations in Carol Stream, Lombard, West Chicago, and Wheaton,

Counseling services are collaborative, strengths-based, and faith-based.



HOPE CENTER
A CONTINUUM OF SUPPORT TO HELP YOU TAKE A NEXT STEP

📍 260 Glen Ellyn Road, Bloomingtondale IL
✉ hope@bloomingtondalechurch.org

📞 630-894-0126

🌐 hopecenterbloomingtondale.org

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